

Warren Barrett

Practicum Intern at Mosaic Tree Counseling

As a Practicum Intern, Warren provides direct therapy for clients under the supervision of Dr. Maria Peters, which ensures that his clients are always receiving appropriate care. Warren approaches every client with empathy and holds an accepting space for them. He brings his expertise in storytelling games to the therapy setting with his game therapy groups. In his free time, Warren likes to hike outside, play video games, and play D&D with friends!

Professional Background

Warren is working on becoming a fully licensed counselor. He spent 1 year as a volunteer peer counselor for the nonprofit organization Recovering from Religion. He also has 3 years experience as a professional storyteller hosting roleplaying games online. He has CE certifications from Geek Therapeutics to use *Dungeons & Dragons* in a therapy setting.

Educational Background

Warren has a BFA in Film Production from Chapman University and is expecting to complete his Master's Degree in Clinical Mental Health Counseling from Adams State University in May 2024. Looking ahead, he plans to complete his Therapeutic Game Master certification from Geek Therapeutics.

Personal Philosophy

Warren sees things as a secular humanist, and believes that everyone has intrinsic value by virtue of being a fellow human. He approaches therapy from the person-centered perspective and utilizes CBT and narrative therapy to help his clients. Each person's journey is unique, though, and he will adjust his approach to fit each client's needs and comfort.

Specialties

Warren's specialty is game therapy. He leads game therapy groups for clients that are interested in utilizing roleplaying games to engage in therapy and practice social skills in a fun setting.