

Tanita M. Wright, M.Ed., LPC-A

Licensed Professional Counselor at Mosaic Tree Counseling

In her spare time, Tanita engages in the invigorating practice of power walking, finding both physical wellness and mental clarity with each step. This activity serves as a rejuvenating outlet amidst her busy schedule. Beyond her dedication to wellness, Tanita takes great pride in her role as a devoted mother to her adult daughter, cherishing the moments they share and the lessons they learn from one another.

Professional Background:

Tanita boasts an extensive professional background spanning over 25 years, primarily dedicated to serving at-risk youth in the field of education. Leveraging her background in education and experience with at-risk youth, she is particularly adept at supporting adolescents and young adults in overcoming challenges and unlocking their full potential.

Education:

Holding a Bachelor's Degree in Journalism with a concentration in Public Relations and Advertisement from Texas Southern University, she laid a solid foundation for her career. Continuing her academic pursuits, Tanita earned two Master's degrees: one in Counseling and another in Educational Administration and Leadership from Prairie View A&M University. These qualifications have equipped her with a comprehensive skill set and a deep understanding of human behavior and educational systems.

Personal Philosophy:

In her therapeutic practice, Tanita embodies a profound professional philosophy centered on the belief in the innate potential for growth and healing within every individual. Her approach to therapy is characterized by empathy, authenticity, and a commitment to fostering a safe and non-judgmental environment where clients feel empowered to explore their innermost thoughts and emotions. Tanita's collaborative and respectful approach aims to support clients on their journey of self-discovery, resilience, and holistic well-being.

Specialties:

Tanita has set her sights on specializing in trauma therapy, recognizing the significant impact trauma can have on individuals' lives. With a passion for providing specialized care and support to trauma survivors, Tanita is dedicated to guiding her clients through the healing process, empowering them to reclaim their agency and inner strength.