

Kristeney Fenceroy

Licensed Professional Counselor, Associate at Mosaic Tree Counseling.

Kristeney thoroughly enjoys providing a listening ear and a safe space for her clients. In her free time, she enjoys reading, cooking, watching sports, and spending time with her loved ones.

Professional Background:

With 3+ years of experience providing counseling services to adolescents and adults combined with her experience as middle school teacher for 3 years, Kristeney has been able to cultivate and expand her expertise and knowledge in this field. The ability to foster empathy and support has truly helped Kristeney achieve great things at Mosaic Tree Counseling.

Education:

Kristeney received her Bachelor of Arts in Psychology from the University of Houston in 2017. She later received her Masters of Education in Counseling and Development from Lamar University in 2023. She holds a Licensed Professional Counselor, Associate license from the state of Texas and works under the supervision of Dr. Maria Peters.

Personal Philosophy:

Kristeney firmly believes in the power of therapy and is passionate about encouraging individuals in seeking the help they need. In her role as a therapist, Kristeney contributes significantly to the overall mission of Mosaic Tree Counseling by empowering individuals to embark on a journey of healing, insight, and wholeness. Kristeney's approach to therapy comes from a cognitive-behavioral and person-centered approach. She believes that sometimes, people get stuck in a cycle and need a little help getting out of it. If you're ready, let's talk!

Specialties:

Kristeney specializes in helping with Anxiety, Depression, and Grief Counseling.