

**Kiana L. Burchett, MS, LPC- A** Licensed Professional Counselor Associate at Mosaic Tree Counseling

Kiana is a loving, empathetic, and dedicated Therapist with 5+ years of experience as a Professional Counselor. Born and raised in El Paso, Texas, she speaks English and Spanish fluently. She is the proud mother to two toddler boys. She enjoys going to the gym, taking her sons to athletic competitions, and binge-watching TV series in her free time. She enjoys trying new food spots in Houston and seeking outdoor adventures. Her favorite color is blue, and she loves iced coffee and wings.

**Professional Background:**

Kiana's professional background started in Applied Behavioral Analysis, where she worked with children on the spectrum in many different clinical settings. Since then, Kiana has acquired her LPC-A and has found a passion for working with children and adolescents. She has experience leading clients through anxiety, depression, neurodivergent disorders (ADHD and ASD), and emotional regulation. Through clinical experience, compassion, and empathy, she supports and assists those willing to make a positive difference in their lives. She prides herself in providing a safe and supportive space to work side by side to overcome traumas and barriers. She specializes in addressing cognitive behavioral issues. She is fully committed to listening and offers her best professional practices to help you.

**Education:** She has earned her Bachelor's in psychology from The University of the Southwest and her Master's in Science with a focus on Clinical Mental Health.

**Personal Philosophy:** She is open-minded, dedicated, and an effective listener. You can count on her empathetic and person-centered approach to every conversation she participates in.

**Specialties:**

Kiana's clients come from a wide variety of cultural backgrounds with an array of issues and diagnoses. She also offers individual counseling and behavioral therapy.

Thank you for taking the first step and for allowing her to be part of this significant journey