

Desiree Baham, MSW, LMSW

Licensed Master Social Worker at Mosaic Tree Counseling

Desiree has over 18 years of experience serving as a licensed mental health professional for the states of Texas and Louisiana. She joined the MTC family six months ago, as a practicing therapist. Desiree's focus lies in identifying and treating mental illness in patients, while also providing support to individuals navigating challenging periods in their lives. Beyond her professional endeavors, she finds enjoyment in activities such as yoga, meditation, and running.

Professional Background:

Desiree has worked in various inner-city school districts in her 18 years as a LMSW, which allowed her to gain expertise in areas including, but not limited to providing individual and group therapy, crisis intervention, grief/ trauma support, as well as providing parent education.

Education:

Desiree holds a Master's Degree in Social Work, from Southern University of New Orleans She is a Licensed Master Social Worker (LMSW) in both Texas and Louisiana.

Personal Philosophy:

Desiree believes the client's self-determination is the motive for becoming healthy. Her goal is to empower clients through knowledge and help them make informed decisions.

Specialties:

Desiree's specialties include crisis intervention, grief/ trauma support, depression, mood disorders and parenting among other things. Desiree uses the following therapy modalities: CBT, individual therapy, play therapy, and group therapy.